Paella, minus the patience

Short on time? Slow-cook your way to a quick and delicious version of this Spanish staple PAGE 26

BAD TO THE BONE

SPIKE LEE'S NEW DOCUMENTARY LOOKS AT THE TUMULTUOUS YEARS SURROUNDING MICHAEL JACKSON'S CLASSIC 1987 ALBUM PAGE 21

VANCOUVER metro®

Monday, September 17, 2012

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Life goes on, game doesn't

NHL lockout. Dispirited Canucks fans ponder what they'll do now that they can't watch hockey

PHYLICIA TORREVILLAS
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Hockey nights in Canada won't be the same with the NHL lockout now a reality, but some Vancouver fans say it's not Armageddon.

NHL hockey players were formally locked out at midnight Saturday after the collective bargaining agreement between the league and NHL Players' Association expired with no significant progress on a new deal.

Susan Johnston, 37, said she won't be heartbroken and she'll probably look for other TV options.

"I'll probably watch X Factor or some other reality TV show," she said Sunday.

Scott Bojarski said he'll definitely miss watching his favourite winter pastime, especially on rainy and gloomy days in Vancouver.

Canucks fan and Miss World Canada 2012 Tara Teng said she still hasn't figured out what she's going to do if the lockout ends up being a full-season shutdown.

Quoted

"I'm a little lost for words on what to do. It's sad to think that we're not going to have a hockey season." Tara Teng, Canucks fan and Miss World Canada 2012

"I'm a little lost for words on what to do," Teng said. "It's sad to think that we're not going to have a hockey season.

"That's one of the things that bind us together as Canadians," she added. "I always tell people that true Canadian culture happens around the hockey rink. It's kind of sad, but the nice thing is that there are other sports in the province that we're going to be able to support and get behind."

Paul McGrath said he probably won't watch anything else except hockey, but he's hopeful that both sides can reach a new agreement.

"I love hockey but at the same time it's not going to ruin my life or anything like that," he said. "I'll miss it but I just hope they'll settle their differences soon and stop having these lockouts every couple of years. It's annoying.

"I'll miss it, but it's not the end of the world," he added.

More on the NHL lockout, pages 6, 20 and 30

A padlock is seen on a parking-lot gate outside Rogers Arena in Vancouver on Sunday. The NHL locked out its players at midnight Saturday, the fourth shutdown for the NHL since 1992 — including a year-long dispute that forced the cancellation of the entire 2004-05 season. DARRYL DYCK/THE CANADIAN PRESS

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Fraud

Scam with a view

A West Vancouver resident was so desperate to improve his property's view, he resorted to scamming his neighbours, West Vancouver police allege.

According to police, "a mischievous" resident allegedly sent letters to neighbours — with official District of West Vancouver letterhead — warning them to trim trees to 30 feet or risk a $30,000 fine.

After receiving several complaints, police launched an investigation and found out the letter was a fraud and that a resident was likely trying to improve sightlines on his property by scaring others into trimming their trees.

People in the community have been told to ignore similar threats.

MATT KIELTYKA/METRO

On probation

B.C. man arrested in connection with alleged sex assault

RCMP in Maple Ridge have arrested a man already convicted of sexually assaulting a teenaged girl on similar charges in another community.

Police say Russell Thomas Lamb, 24, appeared in provincial court Friday.

Insp. David Fleugel says Lamb is currently on probation after being convicted of a sex offence against a 15-year-old girl in Squamish. He says the Maple Ridge investigation is in connection with another girl Lamb befriended.

Lamb has been remanded until Monday, when he will make his next court appearance via video conference. Fleugel says anyone with information should contact the serious crimes unit of the RCMP's Ridge Meadows detachment. THE CANADIAN PRESS

More than 800 people participated in the annual Terry Fox Run Sunday at Stanley Park to raise money for cancer research. PHYLICIA TORREVILLAS/METRO

Terry Fox legacy still burns bright

Cancer research. More than $85,000 was donated at the Terry Fox Run in Stanley Park

Quoted

"Terry Fox had a goal and he ran across Canada. I just want to continue the ritual."
Gaurav Dadral, 13

PHYLICIA TORREVILLAS
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It's been 32 years since Terry Fox ran his Marathon of Hope and his legacy still continues today.

More than 800 participants laced up and joined thousands across Canada — including those running in Fox's hometown of Port Coquitlam — during the annual Terry Fox Run at Stanley Park to raise money for cancer research.

More than $85,000 was donated this year at the run in Stanley Park.

"We get people who come out every year. We have a lot of cancer survivors and people who have lost loved ones and they just come out to help towards finding a cure for cancer," said Randi Davis, front office manager at the Four Seasons Hotel Vancouver.

The hotel chain initiated the corporate-sponsorship program supporting Fox's Marathon of Hope in 1980.

Gaurav Dadral, 13, said Fox is an inspiration to all Canadians, especially to young people. "Terry Fox had a goal and he ran across Canada. I just want to continue the ritual," he said.

Terry Fox embarked on a cross-Canada run to raise money and awareness for cancer research after losing his leg to bone cancer. He was forced to end his run when the cancer spread to his lungs.

The Terry Fox Foundation has since raised more than $600 million for cancer research.

1 NEWS

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Response time to worst wildfire of season under scrutiny

Contact. Audio recordings suggest initial response time as low as 23 minutes or as high as 33 minutes

It was a dry, hot Sunday afternoon, with winds whipping through B.C.'s Okanagan Valley at speeds as high as 60 kilometres an hour, when a lone RCMP officer found himself staring at fire in a ditch along the highway into the lakeside community of Peachland.

"If this doesn't get under control, it's not going to be good," the unidentified officer told a dispatcher over his radio. "We're helpless here without ... a fire truck tackling it."

The officer's prediction, heard in audio recordings of RCMP radio traffic obtained by The Canadian Press, was eerily accurate. In just over an hour, the fire raced three kilometres through nearby forests and fields, eventually forcing 1,500 people to flee their homes and destroying four houses.

The audio recordings, archived by the website RadioReference.com, offer the first glimpse into the initial response a week ago to what became B.C.'s worst forest fire of the season, as RCMP officers marshalled an evacuation while they waited for local or provincial firefighters to arrive.

The fire was reported a few minutes before 3 p.m., and the officer who appeared to be first on the scene arrived almost immediately. Several officers and their dispatcher then discussed the fire's size. One Mountie estimated it was about 15 metres by 15 metres, while another told the dispatcher to ensure the provincial Forests Ministry was contacted.

Three minutes after the fire was first reported, the dispatcher informed the officers that because the blaze was just outside of the District of Peachland, the community's fire department wouldn't be responding.

The agencies involved said it is too early to put together response timelines, since they are responding to the fire, which still burns but is considered fully contained.

THE CANADIAN PRESS

A helicopter drops water on a wildfire in Peachland on Sept. 10. DARRYL DYCK/THE CANADIAN PRESS

Tory meeting may launch into leadership feud

Provincial Conservative Leader John Cummins. DAVID PWROCTOR/METRO FILE

British Columbia's upstart Conservatives are facing a familiar political enemy — themselves — as they prepare for what could be their most important gathering in years.

The Conservatives, who have spent more than a year billing themselves as a credible free-enterprise choice to Premier Christy Clark's B.C. Liberals, are holding a meeting Saturday that threatens to erupt into a nasty leadership feud.

Billed as a team-building, strategy-mapping session ahead of the spring provincial election, the party's annual general meeting could see current leader John Cummins lose his job and result in the launch of a leadership campaign.

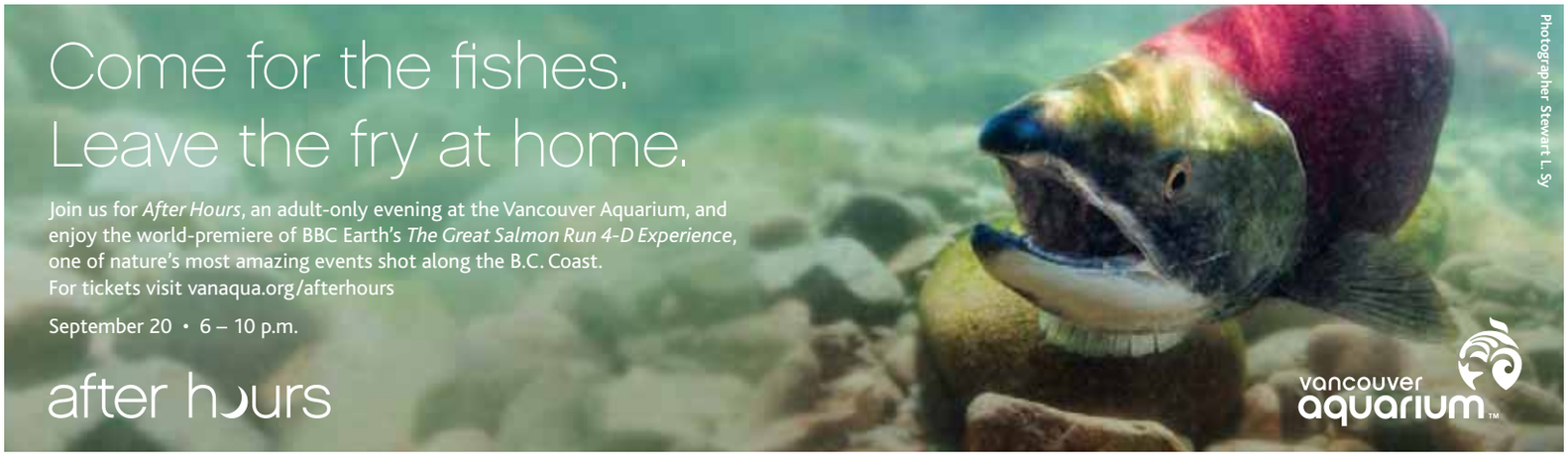
Cummins — the former longtime federal Tory and Reform MP from Delta — says the Conservatives should unite under his leadership and set their sights on the Liberals and New Democrats rather than taking aim at themselves.

But in the days leading up to the Langley meeting, Cummins and his supporters have been releasing lists of party executives, riding presidents and Conservative women, calling them Friends of John Cummins. Cummins admits the release of the lists is meant to counter emails asking party members to vote in favour of a leadership review.

"They are simply responding to the call by certain members of the (Conservative Party) board for the review," he said. "It's just a minuscule minority and I'm quite confident that a call for a leadership review will be defeated."

Cummins appears to have enough confidence to take a personal shot at John van Dongen, the only member of his Conservative party with a seat in the legislature. Van Dongen quit the Liberals earlier this year to join the Conservatives, but has stayed silent as the party squabbles over Cummins's leadership.

Former Liberal MLA Kevin Krueger has said van Dongen attempted to organize a caucus revolt against former Liberal premier Gordon Campbell. Van Dongen also said he left the Liberals due to unanswered questions about the government's sale of Crown-owned BC Rail, and some of those questions involved Clark. THE CANADIAN PRESS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Backups hoping to thrive after Canucks get the hook

Lockout. Those fan dollars have to be spent somewhere

MATT KIELTYKA
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With the No. 1 starter pulled, the young guns are clamouring for ice time and consumer dollars.

The National Hockey League officially locked out its players on Saturday night, meaning Vancouver Canucks fans will be looking elsewhere to spend their hard-earned money.

"B-level hockey teams, sports like soccer ... (the lockout) is going to be a bonanza for those guys," said Simon Fraser University marketing professor Lindsay Meredith.

"The lockout is training your customers to look for alternatives. All of a sudden, people have an extra $200 in their pocket that would have been used on a Canucks game."

Peter Toigo, Vancouver Giants vice-president of operations, hopes fans gravitate towards the junior team to fill that void.

With a planned announcement Monday featuring "an offer to Vancouver hockey fans," it seems the Western Hockey League team, which opens its season Sept. 21, is aggressively going after the Canucks fan base.

"We're watching (the NHL situation) just like any other hockey fan out there," said Toigo.

"Historically, during the 2004-05 lockout, we saw a bump in attendance, and I think this time we're a quality alternative to the level of play you'll get (in) the NHL."

Despite the opportunity to boost his business, Toigo says Vancouver will suffer long-term without its professional hockey franchise if the lockout drags out for an entire season, or longer.

While hardcore hockey fans will gravitate towards sports and flock back to the Canucks once they're back on the ice, Meredith says casual fans will use their money on "indirect" substitutes elsewhere. "Maybe they'll go to the movies or see more concerts," Meredith said.

And the longer the lockout lasts, the less likely it is that those fans will come back, he says.

Follow Matt Kieltyka on Twitter @Mkieltyka

Slapstick solutions for hockey hiatus

Sorry, Canucks fans, it looks like the 2012-13 NHL season has been put on ice for the time being. But don't worry — just because the players have been thrown into the sin bin by the owners doesn't mean the fans need to suffer. Here are some suggestions on how to spend your newfound free time.

MATT KIELTYKA
matt.kieltyka@metronews.ca

MAPLELEAFS.NHL.COM SCREEN GRAB

Watch paint dry

The season is over before it even began, but why not relive the very limited excitement that has already gripped hockey fans this year? Earlier this month, the Toronto Maple Leafs posted a livestream of paint drying on their rink in preparation for the now-defunct season. Riveting, we're sure. The replay is still available online and if you're craving some NHL action, that's the best you'll get. Besides, it beats watching an actual Maple Leafs game.

MARIO TAMA/GETTY IMAGES

Invest in your relationship

In a hockey-mad city like Vancouver, the start of the NHL season usually marks the time of year significant others feel slightly more insignificant. Now is the perfect opportunity to show him or her that you're capable of showing affection in the fall. Go ahead — take your loved one out on a date, cook them dinner, knock their socks off. You'll need those brownie points for when the season finally resumes.

RICH LAM/GETTY IMAGES

Blame Luongo

No season, no more pinning life's problems on Roberto Luongo, right? Wrong! The lockout has little bearing on the time-honoured tradition of knee-jerk Canucks fans blaming everything on their superstar goalie. To begin with, let's blame the lockout on Lou. It's also his fault you'll soon need to rake up falling leaves. Who on earth stole that leaf blower anyway? I think you know. Enjoy it while you still can, because Luongo may not be a Canuck for much longer.

OLI SCARFF/GETTY IMAGES

Take up a hobby

Gather round some friends and try your hand at some of this year's hottest board games. We suggest Monopoly: The Bettman Edition or The Game of Life: One-Way Ticket to the KHL. If that's not your thing, try lacing up a new pair of skates and giving ice hockey a go. Believe it or not, hockey is more than that thing you watch where millionaires slash each other with sticks on television.

CONTRIBUTED/EA SPORTS

Simulate the season

If you're REALLY desperate, there is one way to enjoy the NHL season without there actually being one. Pick up a copy of Electronic Arts' NHL 13 video game and let the computer play through season mode on its own. Stick to the real NHL schedule, set the games to 60 minutes and watch the games unfold as if they were live. Start a real hockey pool with friends and see if this is finally the year the Canucks go all the way. The games may not be real, but the disappointment will be.

Fans celebrate a goal at the Red Card Sports Bar in Vancouver.
HAMID ATTIE/RED CARD SPORTS BAR

Lockout fears. Sports bars easing up on hiring

Hockey players won't be the only ones out of work because the NHL and its players failed to reach a deal by Saturday's midnight deadline.

Local sports bars are cutting back on their fall hiring.

Bryan Maguire, who manages G Sports Bar & Grill on Granville Street, says he would have hired three or four servers this month but that doesn't look likely now.

"We'll lose at least 20 per cent business, guaranteed; probably 30 per cent," he told Metro.

"We always do a hiring at the end of summer just before fall starts, but we have the staff we have, and obviously we don't need to bring anybody new on."

Darryl Paquin, manager of the Red Card Sports Bar on Seymour Street, says he will still be doing some hiring, but only half as much as he would have, had the NHL and players reached a deal.

"I've never run a sports bar when there was labour unrest, so I can't tell you the direct impact, but just overall common sense would say if you have hockey games, you have people, and if you don't have hockey games, you don't have people," he said.

"I think I'm going to hire three staff instead of, say, six staff, so about a 50 per cent reduction." KATE WEBB/METRO

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NATO. Afghan police kill 4 U.S. service members in latest insider attack

Afghan police killed four American soldiers coming to their aid after a checkpoint attack Sunday, the third assault by government forces or insurgents disguised in military uniforms in as many days.

The escalating violence — including a NATO air strike that killed eight Afghan women and girls gathering firewood — is straining the military partnership between Kabul and NATO as the U.S. begins to withdraw thousands of troops sent three years ago to flush the Taliban from southern strongholds.

A weekend of deadly attacks began Friday night, when 15 insurgents disguised in U.S. army uniforms killed two Marines, wounded nine other people and destroyed six Harrier fighter jets at a major U.S. base in the south, military officials said. On Saturday, a gunman in the uniform of a government-backed militia force shot dead two British soldiers in Helmand province in the southwest.

On Sunday, an Afghan police officer turned his gun on NATO troops at a remote checkpoint in the southern province of Zabul, killing four American service members, according to Afghan and international officials. THE ASSOCIATED PRESS

Somalia. New president sworn into office after failed assassination

Somalia's new leader was inaugurated Sunday amid tight security in the capital, Mogadishu, four days after President Hassan Skeikh Mohamud survived an assassination attempt.

Mohamud, a teacher and activist, won the election last week against outgoing President Sheik Sharif Sheikh Ahmed by a legislative vote of 190 to 79.

The inauguration ceremony was attended by some regional leaders, including the prime minister of Ethiopia and the president of Djibouti.

The attempt on Mohamud's life on his second day in office highlighted the serious security challenges he faces as he takes the helm of a country that has not had a stable government for more than two decades.

Foreign backing

- The UN-backed political process that resulted in Mohamud's election was condemned by Islamist militants who said it was manipulated by the West.
- But Mohamud has the support of the international community, which wants him to succeed and bring stability to the troubled Horn of Africa nation.

Mohamud himself acknowledged this fact, saying in his inauguration remarks that security was the paramount issue. THE ASSOCIATED PRESS

Thousands of puppy distributors can be found online, and experts say Internet shopping is worsening the problem of inhumane dog breeding.
CHRISTOPHER FURLONG/GETTY IMAGES FILE

Web driving unethical puppy farms: Experts

Animal welfare. Health problems common among pets

KIERON MONKS
Metro World News

A dustbin full of decomposing puppies was discovered at a farm in Wales last week. The previous day, investigators seized 200 dogs from a suspected puppy mill in Arkansas, where conditions were so unhealthy they wore biohazard suits. In Australia, a government review has been ordered into a problem that is out of control.

Websites such as puppyfind.com make distribution as easy as buying DVDs, offering a directory of 50,000 sellers to choose from. "Puppies for sale may be shipped worldwide and include crate," the site claims.

But experts believe that Internet shopping is encouraging unethical puppy farmers, with the Humane Society of the United States estimating that these farms now produce 400,000 litters a year.

"The Internet has made it easy for a business to seem respectable," Andy Robbins, a spokesman for the Royal Society for Prevention of Cruelty to Animals, Britain's largest animal-welfare charity, told Metro. "People see a slick website and assume everything is fine. Technology has also made it much easier to forge health certificates."

A Kennel Club survey found that 20 per cent of British puppy owners bought their animal online, which can lead to a nasty surprise.

"We compare it to battery farming chickens, with the dogs treated as machines producing litters continuously in awful conditions," Kennel Club spokeswoman Heidi Ancell told Metro. "Some turn out OK, but many will have health problems and the puppy often dies soon after."

Ancell added it was a "potential risk" that traumatized or sick animals could be a threat to their owners.

Others feel buyers are to blame. "Breeders are responding to a demand," pet-lifestyle expert Dr. Jessica Vogelsang of the UC Davis School of Veterinary Medicine wrote on her website.

"The public continues to approach dog ownership with a callous disregard and need for instant gratification that creates a never-ending supply of poorly bred animals that wind up in shelters and dead."

Tips on buying a puppy

- Avoid buying online.
- Insist on seeing the puppy with its mother in its breeding environment.
- Have the animal receive a full medical from a trusted doctor.

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Politicians, voters bracing for bitter session of Parliament

'Combat zone.' Strong Conservative support demonstrated in new poll could be shaken up in the fall

A quiet summer has given Prime Minister Stephen Harper's Conservatives some breathing room as they head Monday into what could be an acrimonious fall sitting of Parliament.

A new poll gives the governing party a seven-point lead over the Opposition New Democrats — a cushion they may need if a second omnibus budget implementation bill sparks the same public backlash and all-out parliamentary warfare its predecessor did last spring.

The Canadian Press Harris-Decima survey put Conservative support at 34 per cent of respondents, the NDP at 27, the Liberals at 24 and the Greens at seven.

The results suggest Canadians may be slowly returning to "more traditional patterns of voting behaviour," said Harris-Decima chairman Allan Gregg.

Until now, New Democrats had been running neck and neck with — or even slightly ahead of — the ruling party, eating into core Conservative support among older, male and rural voters and core Liberal support among female and urban voters.

A relatively sleepy summer with little federal political controversy has likely helped settle voters back into a somewhat more traditional pattern. But Monday's resumption of Parliament could shake things up again.

"As we know, the House has become a combat zone and, absent that, things do settle down; there aren't those events that drive people's change in viewpoint as much," Gregg said.

Just how much of an enemy Parliament proves to be to Harper's Conservatives will revolve primarily around the second budget implementation bill, which government House leader Peter Van Loan describes as the "cornerstone legislation" of a fall sitting focused on job creation and economic growth.

THE CANADIAN PRESS

Omnibus

The first omnibus budget bill was a massive grab-bag of measures, many that had little to do with the 2012 budget, including:

- A rewrite of environmental protection legislation.
- An overhaul of employment insurance.
- Changes to employment equity law.
- New rules for political advocacy by charities.

House of Commons maintenance staff Andre Dube, left, and Gilles Bourgon prepare the chamber on Friday for the return of Parliament. ADRIAN WYLD/THE CANADIAN PRESS

Pakistani protesters march on U.S. Consulate over film

Anti-Islam. Leader of Hezbollah calls for protests against movie that denigrates Prophet Muhammad

Hundreds of Pakistanis protesting an anti-Islam film broke through a barricade near the U.S. Consulate in the southern city of Karachi on Sunday, sparking clashes with police in which one demonstrator was killed and more than a dozen injured.

In a move that could escalate tensions around the Arab world, the leader of the Hezbollah militant group called for protests against the movie, saying protesters should not only "express our anger" at U.S. embassies but urge leaders to act.

The film, which denigrates Islam's Prophet Muhammad, has sparked violent protests in many Muslim countries in recent days, including one in Libya in which the U.S. ambassador was killed. The U.S. has responded by deploying additional military forces to increase security in certain hot spots.

In a televised speech, Hezbollah leader Sheik Hassan Nasrallah said the U.S. must be held accountable for the film, which was produced in the United States. The U.S. government has condemned the film. THE ASSOCIATED PRESS

YouTube

- Google is refusing a White House request to take down an anti-Muslim clip on YouTube, but is restricting access to it in certain countries.
- The White House said Friday that it had asked YouTube to review whether the video violated its terms of use. Google owns YouTube, the online video-sharing site.

Supporters of Islamic political movement Hizb ut-Tahrir protest outside the U.S. Embassy in London, Sunday, over the U.S.-made film mocking the Prophet Muhammad. SANG TAN/THE ASSOCIATED PRESS

Security concerns

Canadian embassies close for day

Canada closed three of its Middle East embassies for the day Sunday because of continued security concerns.

A spokesman for Foreign Affairs Minister John Baird says the missions in Egypt, Libya and Sudan will not be open to ensure the safety of diplomatic staff.

The U.S. State Department ordered the departure of all family members and non-essential personnel on Saturday from posts in Sudan and Tunisia.

It blames the security situation in the capitals of Tunis and Khartoum. THE CANADIAN PRESS

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Zimbabwe's PM warned by court about bigamy

Tribal laws. Tsvangirai marries Saturday but doesn't sign marriage register after court rules he's still married to another woman

Zimbabwean Prime Minister Morgan Tsvangirai is seen with Elizabeth Macheka during a wedding ceremony in Harare, Saturday. TSVANGIRAI MUKWAZHI/THE ASSOCIATED PRESS

Zimbabwe's prime minister said at his marriage ceremony Saturday that he had to date several women to find the one he truly loves.

Prime Minister Morgan Tsvangirai dismissed as propaganda the reports by state media that say his private life is irresponsible.

A Zimbabwe magistrate ruled on Friday that Tsvangirai could not go ahead with a formal wedding after a jilted ex-lover filed a suit against him claiming the two were still married under Zimbabwe's tribal laws. The court held that Tsvangirai paid a traditional bride price for the woman last year and therefore was married to her.

The magistrate cautioned Tsvangirai that if he signed a legal marriage register with his new wife he could be prosecuted for bigamy.

Tsvangirai, 60 and Elizabeth Macheka, 35, exchanged vows but did not sign the register. Tsvangirai said that he had not made errors in seeing women since his wife of 31 years, Susan, 50, died in 2009. THE ASSOCIATED PRESS

Jumping with precision

A member of a Russian traditional riding club jumps over his friend during the 200th anniversary festival of the Battle of Borodino in 1812. It was the largest and bloodiest single day of action in the French invasion of Russia. DMITRY LOVETSKY/THE ASSOCIATED PRESS

Élysée Palace 'renter'

'The people are the landlords,' Hollande says

French President Francois Hollande and his partner welcomed visitors Sunday to their "rented" home: the sumptuous Élysée Palace.

Hollande and Valerie Trierweiler shook hands and signed autographs for crowds lining up to see the 18th-century mansion during France's annual open house festival when the doors to historical landmarks are opened. Hollande called himself "only a renter."

THE ASSOCIATED PRESS

Spain

Suspected members of resistance arrested

Spain's Interior Ministry says four people have been arrested on suspicion of belonging to a violent pro-independence group.

The arrests were made after cops discovered explosive devices.

THE ASSOCIATED PRESS

METRO CUSTOM PUBLISHING

FOUNDATIONS OF HOPE

Johanna was born three months premature and with a host of medical issues.

DAVID TSIGOULIS

Reyna was three months pregnant with her first child when she was stricken with acute pains in her abdomen and back.

It was another three months before a clinic diagnosed a kidney infection.

In North America, pregnant women with this serious complication are typically hospitalized and given antibiotics intravenously. But in rural El Salvador, where Reyna lives, doctors induced labour. Baby Johanna was born weighing just one kilogram (2.4 pounds) and with a constellation of medical issues — a malformed hip, a collapsed lung and blood clots in her brain.

Today, Johanna is four. She is bright and loves to draw, but is not yet able to walk. Her vision is extremely poor. Glasses would help, but her family can't afford them.

Officially in El Salvador, 30 per cent of the population lives in poverty. But Reyna and thousands of others are the faces and people behind the sterile statistic. And the real story is about a daily, heartbreaking search for work (which may pay only $4 or less a day), inadequate food and poor health care and schools.

But that story is still being written.

"What makes me optimistic is meeting the people and seeing their hope, even though they live in such vulnerable conditions," says Laura Mata, chief of communications for World Vision El Salvador. Mata's organization is helping to lay the foundations of that future. By sponsoring children like Johanna, Evelyn and Karla, Canadians through World Vision Canada help fund nutrition circles that give women access to nutritious food for their families and preschools get children off to a good educational start. Johanna may receive funding assistance for her glasses, but she will also have a chance to attend children's clubs where she can explore art, music and other activities that nurture her potential.

"These kinds of projects are changing lives," says Mata. "But our country needs help. We can't do it by ourselves."

EL SALVADOR

Although El Salvador has been slowly recovering from a devastating 12-year civil war that ended in 1992 and its economy is improving, gang-related violence is extremely pervasive. In addition, El Salvador has suffered a succession of natural disasters: In addition to active volcano eruptions, an earthquake in 2001 killed at least 1,200 people and left 1 million homeless. The average per-person income is just $3,370 US (in Canada, it is $41,980).

Reward for killing Rushdie gets a boost

Old vendetta. 1989 fatwa by late Iranian leader against British Indian author calls for his death over depictions of Muhammad in novel

A semi-official religious foundation in Iran has increased a reward it had offered for the killing of British author Salman Rushdie to $3.3 million US from $2.8 million, a newspaper reported, days after protests coursed through the Muslim world over alleged insults to the Prophet Muhammad.

Hardline Jomhoori Eslami daily and other newspapers reported on Sunday that the move appeared to be linked to protests over an amateurish anti-Islam film, which crowds in some 20 countries said drove them to defend their faith — in some cases by attacking American embassies.

The report said the 15 Khordad Foundation will pay the higher reward to whoever acts on the 1989 fatwa, or religious edict, issued by Iran's late leader Ayatollah Ruhollah Khomeini, which called for the death of the author of The Satanic Verses because the novel was considered blasphemous.

The paper said the decision to boost the original reward, offered in the 1990s, came from foundation head Ayatollah Hassan Saneii.

Khomeini's fatwa sent Rushdie into hiding under police protection, but that didn't stop him from writing more novels. In 1990, he published an apology and reiterated his respect for Islam.

THE ASSOCIATED PRESS

Author Salman Rushdie poses on the red carpet Sept. 9 for the new movie Midnight's Children during the 37th annual Toronto International Film Festival. NATHAN DENETTE/THE CANADIAN PRESS

Political stance

U.S., Israel agree on Iran: Rice

America's ambassador to the United Nations says there's "no daylight" between the United States and Israel when it comes to stopping Iran from developing a nuclear weapon. But Susan Rice also says U.S.-Israeli intelligence indicates that the two nations have "considerable time" before that happens.

Rice was responding to a steady drumbeat of warnings in recent days by Israeli Prime Minister Benjamin Netanyahu that Iran is dangerously close to acquiring an atomic weapon.

THE ASSOCIATED PRESS

Message of hate

Anti-Semitic posters shock Winnipeg

Winnipeg police are investigating after "disgusting" anti-Semitic posters were put up around downtown Winnipeg Friday evening, targeting the city's Mayor Sam Katz and other members of the local community.

"I was shocked and disgusted to learn of the anti-Semitic posters that were put up throughout downtown Winnipeg late last night," said Vic Toews, MP for the riding of Provencher, in a statement on his website Saturday.

METRO IN WINNIPEG

Ringing in Rosh Hashanah

An Ultra-Orthodox Jew prays at the Western Wall in Jerusalem's Old City, before the start of the holiday of Rosh Hashanah, early Sunday. Jews marked the holiday of Rosh Hashanah, or the Jewish New Year, at sundown. BERNAT ARMANGUE/THE ASSOCIATED PRESS

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Flying Magnotta back to Canada a $375K job

Body-parts case. Private jet that flew alleged killer from Germany to Canada comes at hefty price tag for taxpayers

The cost to Canadian taxpayers for Luka Rocco Magnotta's extradition from Germany, aboard a government plane fit for the prime minister, is expected to be about $375,000.

The estimated price tag for the accused killer's unusual journey home includes flight expenses, catering service and a hotel stay for authorities who fetched the fugitive from across the Atlantic, according to federal documents obtained by The Canadian Press.

Luka Rocco Magnotta is taken by police from a Canadian military plane in Mirabel, Que., on June 18. THE CANADIAN PRESS

Berlin police arrested Magnotta in June to end an international manhunt following the killing of Chinese national Jun Lin.

Magnotta is facing several charges in connection with the gruesome slaying, including first-degree murder. The 30-year-old porn actor and stripper has pleaded not guilty to all counts.

Magnotta flew home aboard one of the military's CC-150 Polaris Airbus transport planes, an aircraft that can be configured to accommodate prominent passengers such as the prime minister, foreign dignitaries, the Governor General and members of the Royal Family.

At the time, a police official told media that commercial airlines had declined requests to transport Magnotta across the Atlantic.

"How can we bring him back to Montreal on a commercial flight with other people sitting on board?" Cmdr. Ian Lafreniere said, shortly after Magnotta emerged from the plane. THE CANADIAN PRESS

Protests erupt across China over islands

Anti-Japanese protesters are confronted by police as they demonstrate over the disputed Diaoyu Islands on Sunday in Shenzhen, China. Protests have taken place across China in a dispute that is becoming increasingly worrying for regional stability. LAM YIK FEI/GETTY IMAGES

Sex scandal

Woman to lead U.S. military unit

The U.S. Air Force has chosen a woman to lead its basic training unit where dozens of female recruits have alleged they were sexually assaulted or harassed by male instructors in the past year. THE ASSOCIATED PRESS

10 soldiers dead

Sudanese army sinks own boat

An official says the South Sudanese military sank a boat carrying 170 of its own soldiers on the Nile river, killing at least 10, after mistaking them for enemy forces. Fifty soldiers are still missing. THE ASSOCIATED PRESS

Namibia

Babies being flushed: Report

The Namibia Press Agency reports that some 40 babies and fetuses are dumped and flushed down toilets every month in Windhoek, Namibia's capital of just 350,000 people. THE ASSOCIATED PRESS

Lethal injection battle could save Canadian's life

Unconstitutional.
Method of execution seen by Civil Liberties Union as cruel and unusual punishment

A complex legislative process and lack of political will could derail any plans to change the way Montana carries out its executions, but may be a ray of hope for a Canadian on death row.

This month's ruling by a judge who declared the state's method of execution "unconstitutional" could do something 30 years of legal wrangling and appeals have failed to do for Canadian Ronald Smith — prevent his execution for the 1982 murders of two young Montana men.

But it's not a simple matter.

The American Civil Liberties Union filed a civil lawsuit in 2008 on behalf of Smith that argued the lethal injections the state uses are cruel and unusual punishment and violate the right to human dignity.

Ronald Smith is shown on Feb. 22 at Montana State Prison in Deer Lodge. BILL GRAVELAND/THE CANADIAN PRESS

District Court Judge Jeffrey Sherlock, in his Sept. 6 ruling, pointed to problems such as lack of training for individuals who administer the drug, and a discrepancy over whether two or three drugs should be used. He also questioned the method used to determine whether an inmate is actually unconscious before receiving the lethal injection.

"The Montana protocol has problems," Sherlock said in his 26-page judgment.

"All three of these concerns create a substantial risk of serious harm violative of the plaintiff's right to be protected from cruel and unusual punishment."

Ron Waterman, lawyer for the civil liberties union, suggests getting those changes passed by the state legislature could be a formidable task.

"Even if they went forward and wanted to change the statute, there's no guarantee," said Waterman. "That's a steeper hill to climb."

THE CANADIAN PRESS

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Canada's labour laws doom migrant workers: Report

Metcalf Foundation.
Report concludes it is key to grant migrant workers permanent resident status upon arrival

The moment Liliane arrived in Toronto from Uganda as a live-in caregiver, her boss seized her work permit and passport. For two years of work, she was only paid a total of $2,100.

Senthil Thevar was promised $15 an hour by a recruiter in India to work as a chef in a Toronto restaurant. Instead, he earned $8 hourly, sharing accommodation in a basement, with no vacation and holidays.

On paper, Tanzanian taxidermist Juma was supposed to make $16.08 an hour to make animal specimens in Canada. His boss wrote him a $3,168 paycheque each month, but Juma must immediately withdraw the money and pay it back as "my taxes."

It might seem these migrant workers just happened to be struck by bad luck — and unscrupulous employers. But a new report set to be released Monday by the Metcalf Foundation says Canada's current immigration and labour laws virtually doom temporary migrant workers to mistreatment.

"The exploitation is not isolated and anecdotal. It is endemic. It is systemic," the report says. "The depths of the violations are degrading. There is a deepening concern that Canada's temporary labour migration programs are entrenching and normalizing a low-wage, low-rights 'guest' workforce."

Migration programs

"The evolution of these temporary migration programs shows a progressive stepping down in government's commitment to workers and government involvement and accountability in program administration," the report noted. "While government creates the conditions which allow the migrant work relationships to be formed, the supervision of the relationship is increasingly privatized between employer and worker."

Migrant workers in Canada have tripled in the past decade, to 300,111 in 2011 — about one-third of them in low-skilled jobs, according to the report titled Made in Canada: How the Law Constructs Migrant Workers' Insecurity.

While stories of migrant worker abuse are not new, the study by Osgoode Hall Law School professor Fay Faraday examined the legislative and regulatory practices to get to the root causes of the issues faced by migrant workers like Liliane and Juma, who are profiled but not fully identified in the report. Thevar, who was also profiled in the report, has spoken to the Star previously and has agreed to be identified by his last name.

"This is the road map for understanding how these workers' insecurity is built by law. The law doesn't only create vulnerability but it fails to address exploitation and allows it to flourish," said Faraday, who specializes in constitutional law, human rights and labour issues.

Canada has several programs to bring in low-skilled temporary migrant workers: live-in caregivers, seasonal farm workers and a 10-year-old pilot project that lets in workers in diverse sectors such as agriculture, restaurants, food processing, cleaning, construction, road building and tourism.

Those who come in through the pilot project are among the fastest growing group, rising 22-fold from 1,304 in 2002 to 28,930 in 2010, the most recent figure available.

The report says it is key to grant migrant workers permanent resident status upon arrival to address precarious working conditions and exploitation.

It also recommends stronger legislation to govern worker recruitment like the one introduced in Manitoba; sector- or province-specific work permits that allow migrants freedom to choose employers, and the right to unionize and bargain collectively.

TORSTAR NEWS SERVICE

Belgians get rolling on Car Free Day

A girl rides on a wave board on one of Belgium's busiest streets during Car Free Day in downtown Brussels, Sunday. The campaign first originated in France in 1998, aiming to promote environment-friendly transport and ease traffic congestion in cities. YVES LOGGHE/THE ASSOCIATED PRESS

Experts question what light retired FBI agent will shine on Quebec corruption inquiry

It looked at first like a publicity stunt to grab headlines for a corruption scandal that's already front-page news in Quebec.

"Donnie Brasco" — real name Joseph Pistone — is to bring his considerable fame and dated expertise on the inner workings of the New York Mafia to the ninth floor of a provincial government office tower Monday in the heart of Montreal. Out of context the revelation, which came last week, raises questions about what light a 73-year-old retired FBI agent could shine on allegations of corruption and collusion in Quebec's construction industry. And some of the most notable Canadian organized crime experts are doing just that.

"I respect Joe Pistone. He's a very knowledgeable person regarding the American cosa nostra," said Antonio Nicaso, a Toronto-based author and commentator on the Mafia. "But to me it's more a name to raise attention on this matter rather than a witness who can add valuable information to this critical issue."

But coupled with the Charbonneau Commission's poaching of a top investigative reporter into organized crime earlier this summer, and recent overtures seeking the testimony of several of Quebec's most notorious wiseguys, the inquiry launched under duress by outgoing Premier Jean Charest appears intent on captivating audiences, satiating the media and striking fear into Quebec's political class for months to come.

TORSTAR NEWS SERVICE

On its anniversary, Occupy Wall Street struggles to define itself

Sept. 17 celebrations.
What started as protest against corporate greed became protest against 'every social ill'

Occupy Wall Street began to disintegrate in rapid fashion last winter, when the weekly meetings in New York City devolved into a spectacle of fistfights and vicious arguments.

Punches were thrown and objects were hurled at moderators' heads. Protesters accused each other of being patriarchal and racist and domineering. Nobody could agree on anything and nobody was in charge. The moderators went on strike and refused to show up, followed in quick succession by the people who kept the meeting minutes. And then the meetings stopped altogether.

In the city where the movement was born, Occupy was falling apart. "We weren't talking about real things at that point," says Pete Dutro, a tattoo artist who used to manage Occupy's finances but became disillusioned by the infighting and walked away months ago. "We were talking about each other."

The trouble with Occupy Wall Street, a year after it bloomed in a granite park in lower Manhattan and spread across the globe, is that nobody really knows what it is anymore.

On Monday, protesters will converge near the New York Stock Exchange to celebrate Occupy's anniversary, marking the day they began camping out in Zuccotti Park in lower Manhattan's financial district. Marches and rallies in more than 30 cities around the world will commemorate the day.

About 300 people observing the anniversary marched Saturday, and at least a dozen were arrested, mostly on charges of disorderly conduct, police said.

But the movement is now a shadow of its mighty infancy, when a group of young people harnessed the power of a disillusioned nation and took to the streets chanting about corporate greed and inequality.

Back then it was a rallying cry, a force to be reckoned with. But as the encampments were broken up and protesters lost a gathering place, Occupy in turn lost its ability to organize.

The movement had grown too large too quickly. Without leaders or specific demands, what started as a protest against income inequality turned into an amorphous protest against everything wrong with the world. "We were there to occupy Wall Street," Dutro says. "Not to talk about every social ill that we have."

"I don't think Occupy itself has an enormous future," says Dr. Mark Naison, a professor at Fordham University in New York City. "I think that movements energized by Occupy have an enormous future."

Across the U.S., there have been protests organized in the name of ending foreclosures, racial inequality, police harassment of minority youth, student debt: You name it, Occupy has claimed it. Occupy the Bronx. Occupy the Department of Education. Occupy the Hamptons.

THE ASSOCIATED PRESS

Loose affiliation

- The community that took shape in Zuccotti Park still exists, albeit in a far less cohesive form. Occupiers mostly keep in touch through a smattering of websites and social networks.
- Meetings are generally only convened to organize around specific events, like the much-hyped May Day event that ultimately fizzled last spring.

The Raging Grannies, an Occupy Wall Street music group, sing a song in New York City's Foley Square on Sunday, on the eve of the one-year anniversary of the Occupy movement. ANDREW BURTON/GETTY IMAGES

Occupy Wall Street case

Twitter hands over records

Twitter on Friday agreed to hand over about three months' worth of tweets to a judge overseeing the criminal trial of an Occupy Wall Street protester, a case that has become a closely watched fight over how much access law enforcement agencies should have to material posted on social networks.

Twitter had been threatened with steep fines if it did not comply with Judge Matthew Sciarrino Jr.'s order to turn over the records in the case of Malcolm Harris.

Twitter's lawyer, Terryl Brown, called the options it faced — waiving its right to appeal or being held in contempt of court — "unfair" and "unjust," though ultimately he handed over a thick white envelope full of Harris' information.

The Manhattan district attorney's office said Harris' messages could show whether he was aware of the police orders he's charged with disregarding during a protest at the Brooklyn Bridge.

THE ASSOCIATED PRESS

Labour negotiations

CAW will focus on talks with Ford

The head of the Canadian Auto Workers says the union will focus its negotiations with the Big Three automakers on reaching a deal with Ford. Ken Lewenza says Ford has shown the most willingness to reach a new contract and the union will work around the clock to achieve that. The CAW has threatened strike action if there is no deal by late Monday night.

THE CANADIAN PRESS

Foreign investment

Rallies denounce India's decision to open retail market

Angry Indian opposition parties protested on Saturday against the government's decision to open the country's huge retail market to foreign retailers.

The government's surprise announcement Friday that it will allow foreign investment in retail and aviation and the sale of minority stakes in four state-run companies evoked sharp criticism.

THE ASSOCIATED PRESS

Berkshire Hathaway

Buffett's radiation treatments over

Warren Buffett says he's finished his radiation treatments for prostate cancer. The billionaire investor and chairman and CEO of investment firm Berkshire Hathaway Inc. broke the news Friday while speaking to a group of executives from newspapers he owns. "It's a great day for me. Today I had my 44th and last day of radiation," he said, according to the Berkshire-owned Omaha World-Herald.

THE ASSOCIATED PRESS

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IT'S FANS WHO LOSE IN BATTLE OF PUCK AND ALMIGHTY BUCK

URBAN COMPASS
Paul Sullivan
vancouver@metronews.ca

OK, the bluffing's over. The NHL went ahead and locked out its junior multi-millionaires.

This is going to have an immediate impact on the luxury auto, yacht and real-estate economy. Hey, rookie, you're going to have to hold back on that Lamborghini until this thing is settled.

But the biggest impact is on the long-suffering fans.

The people who pay more for a hot dog and a beer than it costs to feed a family in Bangladesh for a week. Or maybe a month, if that family is careful.

The people who faithfully follow a team that wins the meaningless Presidents' Trophy every year yet hasn't won a Stanley Cup. Ever.

The people who idolize a goalie or a winger or a centre, who follow every shift and chart every plus or minus, but the player doesn't think $5 or $6 million a year is enough, so he holds out for more, or wants to be traded, or refuses to go into the corners and fight for the puck, or all of the above.

Long suffering fans

The people who are at the mercy of 32 men who think $3.3 billion in annual revenue isn't enough and are prepared to turn their backs on the players and fans they profess to love and cherish. Talk about tough love.

The people who are at the mercy of 32 men who think $3.3 billion in annual revenue isn't enough and are prepared to turn their backs on the players and fans they profess to love and cherish. Talk about tough love.

As the various spokespeople are fond of reminding us at times like these, the NHL is a business. Of course, it is sold as something more than that. If I didn't know better, I'd think it was a cross between the quest for the Holy Grail and the Birth of a Nation.

And if it's a business, why are they always mooching for taxpayer dollars? Just ask the people in Quebec or Phoenix or some other city where the NHL deigns to play only if the citizens turn their pockets inside out for a new arena.

Let's face it. Hockey is Number One, especially in Vancouver, where the Canucks have an NHL-record 400-straight-sellout streak going. And the owners seem confident that we won't forget them when they're gone and transfer our affections to soccer or lacrosse or charitable good works or something, and the streak will pick up where it left off.

Probably just in time for the Winter Classic, which has to be played somewhere north of Florida, if only because it's the one game of the year that's played outdoors.

I think this year they should have to play the Winter Classic in Winnipeg, if they want some real winter, at least before global warming turns the whole thing into a giant mud wrestle.

Which would be kind of appropriate, don't you think?

Now you're just pulling my finger

MATTHIAS SCHRADER/THE ASSOCIATED PRESS PHOTOS

German championships

More than just twiddling thumbs

A Bavarian man pulls his opponent over the table during the German Finger Wrestling championships in Warngau, Germany, on Sunday.

Competitors battled for the title in this traditional rural sport where the winner has to pull his opponent over the marked line on the table.

In the game — also known as Fingerhakeln — the competitors use nothing more than their fingers and a leather band to defeat opponents.

THE ASSOCIATED PRESS

A judge adjusts the leather band held by two competitors with their middle fingers at the German Finger Wrestling championships in Warngau, Germany, on Sunday.

Lederhosen-clad men

- More than 150 men in Warngau took part.
- Legend has it that finger wrestling started as a way to settle arguments, Time magazine says.
- Bloody knuckles, stretched ligaments and tendons are all part of the competition, according to the magazine.
- The tug-of-war is now a regulated sport, with rules governing the size of the table and width of the leather band.

Parking-lot birth

How to obtain a lifetime supply of NASCAR tickets

A New Hampshire woman and her baby are doing fine after the woman gave birth in the New Hampshire Motor Speedway parking lot.

Shawna Arnold began going into labour Friday and she and her boyfriend began driving to a hospital. But when she realized she was about to give birth on the way, they made a pit stop at the racetrack parking lot in Loudon.

Arnold tells WMUR-TV that she and her boyfriend delivered the baby, named Katie, in their car. An EMT at the track then came to help, and the couple and the baby were taken to a hospital.

Speedway general manager Jerry Gappens has awarded the baby two tickets to NASCAR races for the rest of her life.

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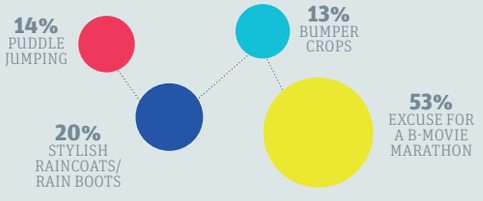
What's the best thing about a good fall downpour?



Twitter

@iannuzzimarco: "Even if I don't finish, we need others to continue. It's got to keep going without me." - Terry Fox #TerryFoxRun

@BrentButt: Littlest Hobo, followed by #Riders vs Alouettes, washed down with this warm mug of maple syrup = a fine Canadian morning!

@VanRealDeal: Tremendous night and really impressive production level out there in the park. @voices-inthepark @sarahmclachan

@CheriePayne: "It taught me discipline & creativity. It made me see the world in different ways." - Bill Clinton on music ed http://soc.li/6XRFUgY

@ThomasDrance: The NHL should counter with something equally schmaltzy. I recommend a "history doesn't get locked out" campaign.

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Bad 25, directed by Spike Lee, features commentary from celebrities who were inspired by Michael Jackson, including Mariah Carey. HANDOUT

Spike Lee doc transcends the man in the mirror

Bad 25. Documentary puts spotlight on the undeniable talent and human side of Michael Jackson — behind the fame and chaos

LIZ BROWN
scene@metronews.ca

What do you do when you're the man behind the bestselling album in music history?

You vow that your next one will be even better, naturally.

Such is the pursuit of perfection that propelled — and plagued — Michael Jackson as he spent two years writing and composing Bad, his followup to 1982's Thriller.

In Spike Lee's documentary, Bad 25, we learn that in the Bad years, Jackson scrawled '100 million' on his bathroom mirror, so every morning as he brushed his teeth, he'd be reminded of his goal — sell 100 million records.

The album, released in 1987, ended up being a commercial and critical success, with around 40 million copies sold. But it never came close to the sales of Thriller, which rang in somewhere near the 100 million mark.

The failure to reach his 100 million goal wasn't for lack of effort on Jackson's part, though.

Bad 25 reveals the late-night dance sessions, the meticulous recordings and the almost pathological work ethic of a man who seemed to be chasing a near-impossible dream.

"Michael got his work ethic from his father," says Lee on Saturday at Toronto's Trump Hotel, dressed in a T-shirt sporting Michael Jackson's iconic Bad pose, just hours before the North American premiere of his documentary at TIFF.

The media became increasingly cruel as Jackson's behaviour became increasingly bizarre. In the documentary, Jackson's choreographer and confidant Vince Patterson shares some advice he gave the superstar: Don't ever let a bully know they're hurting you.

It's a poignant moment when we are reminded that despite his fame and fortune, Jackson was human — a remarkably talented human — and that somewhere in the mess of scandals and rumours, the wonder of that talent got lost.

Bad 25 reminds us just how wondrous that talent was.

For Lee, Bad 25 is an ode to Jackson the performer; a tribute to an artist and friend he respected. "I try not to focus on the fact that he's not here, because the way I take it, Michael's not here in his physical form, but he's here in his spiritual form and his music is here," says Lee.

So bad it's good

The reissue of the Bad album, Bad 25, comes out on Tuesday.

- **Album.** Includes unreleased demos and a DVD of his performance at Wembley Stadium, attended by Prince Charles and Princess Diana.
- **Documentary.** Spike Lee's documentary Bad 25 will air on ABC on November 22.

SCENE 2

On the web

Qriket

Star Trek actor George Takei unveils a musical inspired by time in Japanese internment camp.

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Lianne La Havas has a big love

New music. English entertainer arrives on the scene with a soul-folk sugar that is whip-smart and refreshingly honest

EVE HYMAN
Metro World News

England spawns smart, lovely songbirds like Adele and Lily Allen and, its latest ingénue, Lianne La Havas.

The debut from the 23-year-old singer/songwriter, Is Your Love Big Enough? features jazz-soul production and haunting pipes. Comparisons to Norah Jones or Lauryn Hill are to be expected. But La Havas' style is remarkably original and uplifting.

"When I started playing the guitar, my songwriting changed," she says.

"I started exploring different ways I could write songs."

Her look is Paris boudoir meets English country road.

She is a retro vision seeped in Sade echoes and jazz guitar.

Songwriting has a through-the-looking-glass sort of poetry that keeps the listener hooked on every syllable so as not to miss a poignant turn of phrase.

"It's quite an eclectic record," the singer says.

"There's an overall theme of love. The sounds are very electric-guitar led."

Guitar lines alternate from harp-like tinkles to rhythmic slide on songs like Empty and No Room For Doubt and bass-y riffs on the powerful Forget.

With lyrics that are both earnest and whip-smart, La Havas effortlessly weaves whimsical with wise.

Even her blues sparkle.

Dropping in on the artist's world is a pleasure, her Victorian neckline and cosy-chic side-bun package is a homespun musical treat.

The singer says the title track of her album features a different type of strong relationship.

"My single, Is Your Love Big Enough? is not about any of my boyfriends," she says, bucking the scorned woman trend.

Lianne La Havas is one for the future. GETTY IMAGES

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YOU CAN REFER YOURSELF

Kate Middleton ALL PHOTOS GETTY IMAGES

Royal lawyers: Block those nips!

Will the Italian media group Mondadori lose their shirts for publishing photos of Kate Middleton without hers on?

It certainly looks that way, with the Royal Family seeking damages from Mondadori, which is owned by former Italian premier Silvio Berlusconi.

Lawyers for the Royals are also going to court in France to try to stop further publication in that country of the now-infamous topless photos of Kate.

Meanwhile, YouPorn.com — a site that usually doesn't need publicity — has generated some by offering an "open checkbook" to procure the snaps.

It might just be me, but it's hard to find any sympathy for Middleton. When you know you are going to become the next Queen of England, it's time to put your topless sunbathing days behind you. Seems like a fair swap, right?

The Word

Nicki Minaj and Keith Urban join Idol

THE WORD
Dorothy Robinson
scene@metronews.ca

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The new judges panel for the 12th season of American Idol was announced Sunday via a press release from Fox. Joining confirmed judges Mariah Carey and Randy Jackson will be the new additions of Nicki Minaj and Keith Urban.

"With the exciting addition of Mariah Carey, Keith Urban and Nicki Minaj, alongside Randy Jackson, American Idol's star power has never been so great," said Idol executive producer Simon Fuller in a boilerplate quote. Judging by other statements in the release — "We've put together one of the most exciting judging panels around," said Mike Darnell, president of alternative entertainment for Fox — you can tell the network honchos are feeling the heat from the other all-star panels at rival singing competitions such as The Voice and X-Factor, where Britney Spears is currently killing it as a judge.

What do you think of these new additions? As always, feel free to write in to let me know your opinion. As for this gossip columnist, I just hope Nicki Minaj's multiple personalities can make up for Urban's lack of one.

Kristen 'poured her heart out'

Have Kristen Stewart and Robert Pattinson moved back in together?

"They pretty much decided they couldn't live without each other," a source tells Perez Hilton.

"Kristen poured her heart out to Robert and told him it was a one-off and a mistake. Rob sees it as Kristen made a really stupid mistake."

This conversation apparently took place on Reese Witherspoon's ranch — while Ryan Phillippe took notes hiding in a laundry basket. (Kidding Ry.)

Kristen Stewart

Mobile manners: Teach them etiquette, and take notes yourself

Teach your kids mobile manners early on. ISTOCK

Parenting. Back to school shopping often involves getting the latest cellphone. Too bad the instruction manuals don't include lessons on behaviour

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

The new school year is well underway, and with it, a new learning challenge for parents: How to teach kids to use their cellphones.

Not just from a safety perspective (not texting or talking on a handheld device when driving, not walking across busy roads and texting, not giving away passwords, etc.), but from a "mobile manners" point of view as well.

It's important as role models that parents practice what they preach and adhere to the following rules themselves.

• Not texting or answering calls when in the middle of a conversation, unless you have advised the person you're speaking with you might have to do so at some point.
• No texting during mealtime. (First one to pick up their phone does the dishes!)
• Enforcing that you support the "no cellphone" rule in the classroom by not calling or texting your kids during the school day unless urgent.
• Not talking on a cellphone in quiet public places.

It's also important to research the coverage plan you want to purchase. Examine the type of usage you expect your child to have (no Internet access for younger kids) and speak to an independent dealer who can show you different carrier packages. Unlimited plans are available, and a prepaid option will easily keep the budget in line. Depending on the age of the child and his earning ability, have him pay for the monthly usage to get an understanding of the expense.

And remember, even the "smartest" of phones can be simplified down to just texting and talking, depending on the plan you choose, so repurposing an old smartphone of your own is an option. KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM/ OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH

Cells by the numbers

According to a new study by President's Choice Services Inc., 48 per cent of Canadian parents with children aged 11 and older now let their kids carry a cellphone. The majority of Canadians (52 per cent) felt somewhere between the ages of 13 to 16 was an appropriate age to give a child a mobile device, compared to the 31 per cent of Canadians who felt that teens age 17 or older could better handle the responsibility of a cellphone. Approximately 10 per cent cited 9 to 12 as the right age bracket; while only one per cent felt children aged 6 to 8 should have their own mobile device.

Exclusively online

metronews.ca/voices

- **In style.** Why did Mommy's fashion sense go out the window with her abs? Follow along with the comedic (mis) adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices

Head lice don't have to create a hairy situation

LINDA LABAN
Metro World News in Boston

Head lice isn't an aspect of parenting that anyone wants a part of, but it's so common that most end up dealing with it at some point.

"Lice are so prevalent, I've had to deal with it as a parent, too," says Boston-based pediatrician Dr. Nancy Kahn, a clinical instructor of pediatric medicine at Harvard Medical School.

"One study found that one in four elementary school kids gets them. They're so contagious, but they have to be transported by another vehicle. You get them from sharing scrunchies, a comb, brush or hat with someone who has them."

The big problem isn't killing the adult lice; it's detecting the eggs, called nits, and removing them to prevent further infection.

Nits stick like glue to the hair shaft. "The eggs are grayish-white," Kahn says. "If you see a white spot on the hair that can be flicked off, it isn't nits, it's dandruff or [lint]. If it's stuck on the hair, it's nits."

Treatment varies from over-the-counter shampoos and topical solutions, but "these contain pesticides, so there is the worry that you're putting pesticides on your child's head for several hours," Kahn says.

For a home remedy, try olive oil: "This basically suffocates them," she says.

On the web

Reasons Mommy Drinks #75: The Diaper Bag. Scan this code or visit metronews.ca/voices to find out what's inside.

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Slow cook mouth-watering flavours of delectable paella

This recipe serves four. RYAN SZULC, FROM REISMAN'S FAMILY FAVOURITES (WHITECAP BOOKS)

ROSE REISMAN
for more, visit
rosereisman.com

I love paella but I find it takes too long to cook, especially if I've just walked in the door and want something on the table in a hurry. The slow cooker is the perfect solution. All you have to do is add the seafood 30 minutes before you're ready to eat.

1. Cube chicken and dust with flour. Lightly coat a large, nonstick skillet with cooking spray and set over medium-high heat. Add the oil. Brown the chicken on all sides, 3 minutes or just until cooked. Remove from the pan; set aside.

2. Again lightly coat the pan with cooking spray. Add the sausage and cook over medium-high heat 5 minutes or until cooked through. Remove from the pan with a slotted spoon, draining as much of fat as possible. Set aside.

3. Wipe out pan and respray. Cook onion and garlic over medium-high heat 4 minutes or until softened. Stir in peppers and cook 3 minutes. Stir in the rice and cook for 1 minute. Add the chicken, sausage, chicken stock, tomatoes, basil, oregano, bay leaf, saffron (if using), salt and pepper. Bring to a boil.

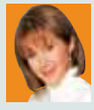
4. Place everything in slow cooker and cook on high setting 3 hours or on low setting for 5 hours. Add shrimp and mussels during last 30 minutes if slow cooker is on the high setting, or during last 60 minutes if on low. Serve garnished with parsley. **ROSE REISMAN'S FAMILY FAVOURITES (WHITECAP BOOKS)**

Ingredients

- 12 oz skinless boneless chicken breasts
- 3 tbsp all-purpose flour
- 2 tsp vegetable oil
- 6 oz mild Italian sausage, cut into 1/2-inch pieces
- 1 cup chopped onion
- 2 tsp finely chopped garlic
- 1 cup chopped red and green bell pepper
- 1 cup brown rice
- 3 cups chicken stock
- 3 cups chopped plum tomatoes
- 2 tsp dried basil
- 1 tsp dried oregano
- 1 bay leaf
- 1/2 tsp crumbled saffron threads (optional)
- pinch of salt and pepper
- 8 oz raw shrimp, peeled and deveined
- 12 mussels, scrubbed and debearded
- 1/4 cup chopped parsley

Healthy eating

Choose it and lose it



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When you find a chip that sounds healthy, check the method with which it's made because that's where a lot of the calories and fat hide.

Terra Chips (50 g) and spinach dip (2 tbsp)

420 calories/ 34 g fat
Root vegetables made into chips sounds healthier than regular potato chips. But deep frying still multiplies calories and fat.

Equivalent

Fifty grams of Terra Chips with two tablespoons of spinach dip is equal in fat to an entire McCain's thin crust whole-wheat pizza with marinated tomato and chicken.

Pop Chips (50 g) and salsa (2 tbsp)

218 calories/ 7 g fat
These chips are much lower in calories and fat. They are popped rather than fried or baked.

The In-Credibility Factor

Ray Cao PROVIDED

Name: Ray Cao
City: Toronto
Age: 25
Occupation: Loose Button Luxe Box Founder

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Started an online apparel company but found the market was saturated. Switched to Luxe Box where consumers can sample new beauty products. Thirteen months later, Cao now employs 15 people and his membership base is on track to reach 100,000 people.

I knew I was on my way when... We got one order, then four, then 15. Soon my cellphone was ringing with non-stop orders. Since then we've grown extremely fast. It all started with a simple idea we wanted to test and it grew from there.

Just a few weeks ago we launched into the U.S. We are looking to build a platform where all types of products can be sampled and ordered on a subscription basis. We have some crazy growth plans in play. This is just the beginning.

Action Plan

- You've got to surround yourself with the right people. Ideas change but as long as you have a strong core team they will help you get through the difficult times.
- Fail fast, fail cheap and fail often. You won't get it the first time. Most overnight successes are built over 10 years and people have to realize they don't happen right away
- A lot of first-time entrepreneurs set themselves up for failure and then they give up. Sometimes the extra push makes all the difference. A couple of days could make an incredible difference so never give up.

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The way we learn to love our land

Guru of green.
Author suggests mixing the emotional with the ecological when teaching environmental education

BRUCE WALSH
Metro World News in Philadelphia

You're never too young to start making positive changes for our planet. ISTOCK

Five steps

The Center for Ecoliteracy has outlined five vital practices for teaching environmental studies to Kindergartens to Grade 12 students.

- Developing empathy for all forms of life
- Embracing sustainability as a community practice
- Making the invisible visible
- Anticipating unintended consequences
- Understanding how nature sustains life

In a class that cares

We've pushed nature's systems to the brink in a lot of ways right now, so if you bring emotional intelligence to teaching about ecological issues, you can be a lot more effective.
Ecoliterate co-author Lisa Bennett

Best-selling author and self-help guru Daniel Goleman is known worldwide for stressing the importance of emotional intelligence in developing one's full potential.

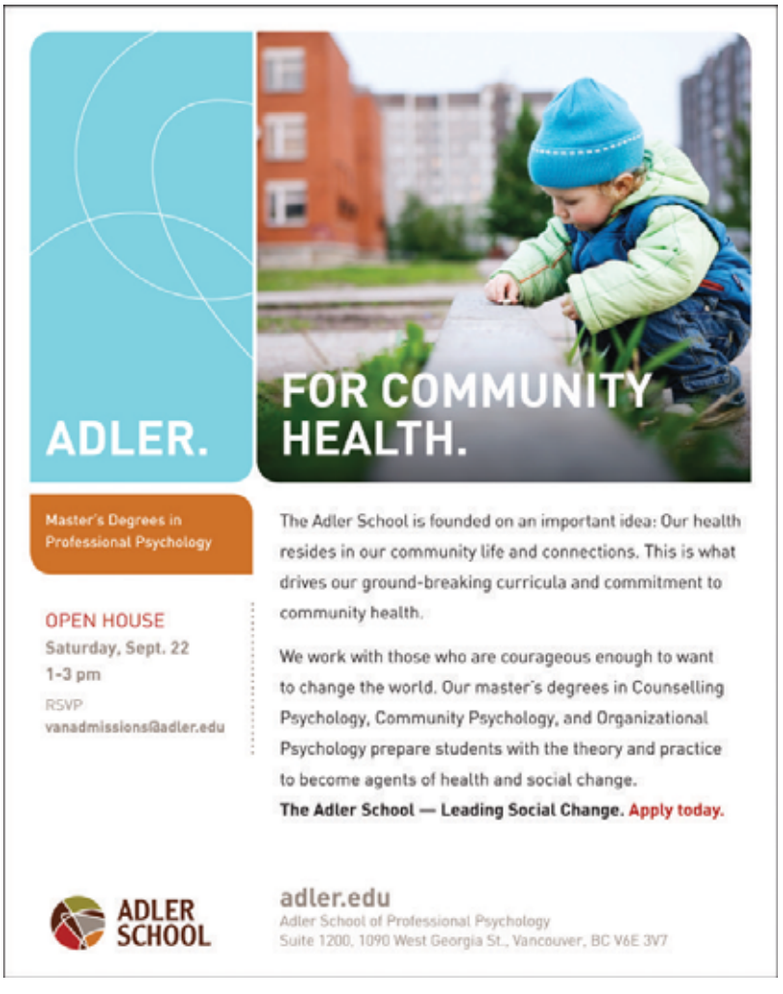
While the term had been around for decades, Goleman's 1995 book, Emotional Intelligence: Why It Can Matter More Than IQ, popularized the concept. Broadly speaking, emotional intelligence is seen by many as an ability to gauge one's own emotions as well as the emotions of others, and to build relationships around this understanding.

Now Goleman is incorporating his environmental passions into his educational philosophy. His latest, Ecoliterate: How Educators Are Incorporating Emotional, Social and Ecological Intelligence, was written in partnership with the Berkeley-based Center for Ecoliteracy.

"In teaching people about ecological issues — whether it's K to 12 or in the university — there's something that happens on an emotional level, and that's fear and anxiety," says co-author Lisa Bennett. "We've pushed nature's systems to the brink in a lot of ways right now, so if you bring emotional intelligence to teaching about ecological issues, you can be a lot more effective."

Ecoliterate investigates eight cutting-edge environmental education programs, from Kentucky to Alaska, looking for effective blueprints for this new curriculum. While the book is primarily directed at Kindergarten to Grade 12 teachers, the authors suggest that these programs could be easily adapted for the college level.

"In Dan Goleman's seminal books, he showed how critical emotional and social intelligence is to allowing people to be effective," says Bennett. "We discovered in Ecoliterate that, actually, each form of intelligence is an extension of the other, and eco-intelligence is related to both: It boosts academic achievement, because it's tied to emotional learning, and it develops strength, hope and resilience in students."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The kids are all right: our country's youth defying odds

Education nation. Canada's young people largely working or learning, report says

Economic turmoil may have been pushing young people out of the workforce and sidelining them from their educational goals, but a report from the Organization for Economic Co-Operation and Development suggests Canada's youth are faring better than most.

The organization's Education at a Glance report found that 14 per cent of Canadians between 15 and 29 years of age were neither employed nor in education training, a measure commonly referred to as NEET.

Canada's numbers were below the international average of 16 per cent, a figure the organization said had been impacted by global economic turbulence.

The report was based on figures available from 2008 to 2010 — and the OECD said those trends are likely still rising due to more recent economic turmoil.

Canada's NEET youth were almost equally divided along gender lines, with boys only slightly more likely to find themselves outside either the education system or the labour force.

The NEET measurement from the OECD echoes findings from Statistics Canada released last May.

The country's national data collection agency found only 13 per cent of the 6.8 Canadian youth qualified as NEET, continuing a trend that has stayed more or less static for the past two decades.

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Funding our future

"Investing from an early age is crucial to lay the foundations of later success. High quality education and skills have to be among the number one priorities for governments, for economies and for societies."

Angel Gurria, OECD Secretary-General

The OECD had previously stated Canada had the second-lowest NEET rating among G7 countries. Tuesday's report examined a variety of educational metrics for 42 countries worldwide.

Canada's NEET rate was situated in the lower half of the report's spectrum, but was higher than the figures for Netherlands and Luxembourg, who boasted NEET rates of seven per cent.

Turkey had the highest NEET rate at 37 per cent, a number that reflected the fact that more than half the country's women were excluded from both education and work.

The OECD report repeatedly stressed the need for governments to step up investment in education if they hope to limit inequality and improve employment prospects for their citizens.

"Countries need an increasingly educated and skilled workforce to succeed in today's knowledge economy," OECD Secretary-General Angel Gurria said in a statement.

"Investing from an early age is crucial to lay the foundations of later success. High quality education and skills have to be among the number one priorities for governments, for economies and for societies. Supporting the poorest and ensuring equal access is another important pillar in an inclusive education policy."

The OECD report flagged the average NEET rate as a particularly telling measure of a country's future prospects.

The typical 15-year-old looking ahead 15 more years could expect seven years of education, 5.5 years of work, one year unemployed and 1.3 years out of the workforce entirely.

Although some in that last category were raising families, the OECD said, the high unemployment figures among young adults, especially in countries with low birthrates such as Spain and Italy, indicate a grave problem.

According to the report, the prospect of unemployment among the young is less dismal for those with more education. It found that higher education reduced joblessness by eight percentage points among 20 to 24-year-olds and 6.7 percentage points among 25 to 29-year-olds.

The report found one major reversal: Young women, for the first time, are more likely than young men to finish high school, are outpacing men in entering university-level education, and are catching up even in vocational schools.

The gap was most pronounced in Iceland and Portugal, where women's high school graduation rates were higher than men's by 20 percentage points or more.

THE CANADIAN PRESS

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Hoping to enjoy a great year? Join the club!

Guide to the groups.
How to sign up for a social circle most suited to you

RAISHAD HARDNETT
Metro World News in New York

You can find them in a club! ISTOCK

Grades, grades, grades. That can't be all college is about – can it? University professionals suggest that academic growth is only one of the many types of student development in college.

Still, for the typical college freshman who first stumbles on to campus and sets his eyes upon the hundreds of students marching around, the idea of finding a suitable extracurricular niche, group or activity can seem daunting.

Take a breath

The short and long-term benefits of joining a club far outweigh the initial anxiety.

Here are three expert-approved reasons for becoming involved in a student organization

Networking

According to Hikaru Kozuma, the executive director of the University of Pennsylvania's Office of Student Affairs, one outcome of club involvement is increased professional interaction.

"As part of a student organization, (students) can interact with staff, faculty and other members of the surrounding community to learn how to collaborate and work with others," he says.

This is an especially vital skill, as the U.S. Bureau of Labor Statistics affirms that 70 per cent of jobs are found through networking.

Leadership skills

In addition to socializing with students who have similar interests, Gina D'Annunzio, director of student activities at Temple University, argues that extracurricular involvement also brings a long-term benefit: workplace competencies.

"My student organizations helped me create examples in job interviews for times when I completed a project from start to finish, worked in a team and showed initiative," she says. "Those are things that you can use that are tangible and marketable."

Although some may worry that too much club involvement could take away from a student's focus on scholastic endeavors, D'Annunzio points to an impressive statistic gathered from a 2010 Student Leadership Assessment showing that 98 per cent of actively involved students report that extracurricular participation actually improved their GPAs.

Socialization and belonging

Building the framework for a support group and sense of belonging can be the difference between success and failure. Denise Fitzpatrick, who oversees the Cherry Crusade athletic "fan club" at Temple University, says that she witnesses the students involved in her club not only having fun, but also using their friendships for both personal and academic support.

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SPORTS 4

Penguins star Evgeni Malkin looks on during a IIHF World Championship game between Russia and Sweden in May in Stockholm. Malkin has signed up with KHL team Magnitogorsk. MARTIN ROSE/BONGARTS/GETTY IMAGES

Jaromir Jagr of the Philadelphia Flyers skates against the New York Islanders in March in Uniondale, N.Y. Jagr has agreed to return to the Czech Republic to play for the team Kladno. BRUCE BENNETT/GETTY IMAGES

Some locked-out NHL players Europe-bound

NHL. Reigning MVP Evgeni Malkin among those going abroad

Quoted

"The scary part is I think you'll see some of the best players in the game (going over). Let's hope they come back when they're going to get paid the dollars they're going to get paid in some of these leagues to go play now." Calgary Flames forward Mike Cammalleri

With the doors locked shut at NHL arenas, the best hockey players on the planet are turning their focus to a new world of opportunities.

Every player on a NHL roster as of Sunday morning became free to seek other work for the duration of the lockout, and many started doing so immediately. Reigning NHL MVP Evgeni Malkin (Magnitogorsk) and Pavel Datsyuk (Ak Bars) were among those who signed deals to play in the Russian-based KHL while Jaromir Jagr (Kladno) is going to the Czech Republic and Jussi Jokinen (Karpat) inked a deal in Finland.

Teams from Switzerland, Sweden and Germany will come calling as well. Depending on the length of the lockout, it could result in a massive displacement of players throughout the hockey world.

The NHL locked out its players at midnight on Saturday and released a message to fans on its website the following day, saying "this is a time of year for all attention to be focused on the ice, not on a meeting room." Meanwhile, the NHLPA sent out a video montage with players talking about what they'll miss about not playing and ended with the statement: "This is an NHL owners lockout."

Nearly 400 NHL players suited up in 19 different European leagues during the lockout that cancelled the entire 2004-05 season. It was a migration that came with a fair bit of controversy as the NHLers pushed others out of jobs.

The debate has restarted again, but it's unlikely to deter many of the 750 locked-out NHLPA members.

"I'm a hockey player and it's a competitive business," said Pittsburgh Penguins captain Sidney Crosby. "Would I look forward to that opportunity of taking someone's job? No. But at the end of the day I'm a hockey player."

Now in its fifth season, the KHL believes it is in a position to capitalize on the availability of so many elite players. THE CANADIAN PRESS

For the latest news on the NHL lockout, visit metronews.ca/tag/nhl

CFL

Cavillo and Als beat Roughriders

Veteran Anthony Calvillo got the win against a rookie making his first CFL start but the 40-year-old Montreal Alouettes quarterback wasn't crowing about it after the game.

The Alouettes took the lead in the first half and held on for a 28-17 win over Drew Willy and the Saskatchewan Roughriders on a flag-filled afternoon at Percival Molson Stadium on Sunday.

The Alouettes (7-4) moved into first place in the East Division, two points ahead of the Toronto Argonauts, who will visit Montreal next Sunday.

"What I liked is that when we came back into the locker-room guys were excited that we won, but they were also upset at the fact that we didn't perform offensively," said Calvillo. "That's a good sign." THE CANADIAN PRESS

NFL

Luck earns first win in home debut

Andrew Luck sure didn't play like a rookie Sunday afternoon.

The No. 1 draft pick threw two touchdown passes, took advantage of several key Minnesota penalties and marched Indianapolis 45 yards in 23 seconds to set up Adam Vinatieri for a 53-yard field goal with eight seconds left, which gave Indianapolis a 23-20 victory over Minnesota in Luck's home debut.

"It's just amazing that the guy's able to go out there and do the things he does as a rookie," Colts coach Chuck Pagano said. "He certainly had to put the ball on them, and he did." THE ASSOCIATED PRESS

Mobile sports

Cricket

The NFL removed a replacement official from the New Orleans-Carolina game on Sunday because it discovered he's a Saints fan. Brian Stropolo is from New Orleans and posted several photos of himself in Saints gear on his Facebook page. Scan the code for the story.

Raonic leads Canada to Davis Cup World Group

Milos Raonic returns a volley against South Africa's Izak van der Merwe in Davis Cup action on Sunday in Montreal. PETER MCCABE/THE CANADIAN PRESS

Milos Raonic wanted a dominating win Sunday after what he felt was a lax effort two days earlier.

He did exactly that and in dominant fashion, beating Izak van der Merwe 6-2, 6-2, 6-4 to clinch the Davis Cup best-of-five series over South Africa.

The victory secures Canada's spot in the elite World Group, while South Africa is relegated to zone play.

Raonic was happy he won his opening singles match but wasn't pleased with his performance. With the World Group spot in sight, the 21-year-old from Thornhill, Ont., took to the court hungry to finish on top.

Two in a row

This marked a second straight year that Canada won its Davis Cup tie to advance to the World Group.

"I came out with more of an accomplished goal, other than winning. I came out, did a lot of things well, played on my terms and did what I wanted to do," he said. "The other day I waited for him to lose to me. Today, I played."

South Africa entered the tie matches down two of its top players. Kevin Anderson didn't travel to Montreal and Rik de Voest was forced to withdraw with a wrist injury.

"We came here wanting to win but unfortunately things didn't work out the way we planned. Obviously Rik getting injured didn't help our cause," South Africa captain John Laffnie de Jager said. "Two of our top guys didn't play. The team that was here did their best."

Raonic got off to a quick start Sunday against van der Merwe, breaking him in the opening game. His renowned serve was once again his strength, as he held serve in each game of the first set. THE CANADIAN PRESS

Horoscopes

♈ Aries
March 21 - April 20
There may be times when you find it hard to smile but you can find a reason if you look hard enough. What is it that makes your life worth living? What is it that inspires you the most? So do it.

♉ Taurus
April 21 - May 21
Some people may be a bit of a pain but if you stay calm and do what is expected of you then by the end of the week your name will be up in lights. Help others now and they will help you later.

♊ Gemini
May 22 - June 21
Stay on good terms with colleagues over the next few days, because if you fall out now you may regret it later. By the time the Sun moves in your favour again on the 22nd you'll all be friends again.

♋ Cancer
June 22 - July 23
No matter how difficult it might be to find a solution to a complex personal problem, if you give it some thought today you will come up with something that does the trick. You're pretty good at problem solving.

♌ Leo
July 24 - Aug. 23
Today's Mercury-Neptune link will force you to recognize certain truths that have always been there but which you have contrived to ignore. Start by realizing that a so-called friend is nothing of the sort.

♍ Virgo
Aug. 24 - Sept. 23
Don't waste time thinking about what might have been. What's done is done and cannot be undone and the sooner you accept that, the sooner you can move on. There is still so much you can accomplish.

♎ Libra
Sept. 24 - Oct. 23
Your past efforts will be fully rewarded, though maybe not immediately. The Sun's move into your sign on the 22nd marks the start of a new solar year — that's when your luck is most likely to change.

♏ Scorpio
Oct. 24 - Nov. 22
You need to push your emotions to one side and do what has to be done. Certain people may not thank you for it now but they will realize later on that you were doing it entirely for their own good.

♐ Sagittarius
Nov. 23 - Dec. 21
Because you are such a can-do person you are always helping other people, but over the next few days your time will be limited, so only help those who truly deserve it. That's probably not very many.

♑ Capricorn
Dec. 22 - Jan. 20
You will be called upon to make sacrifices over the next seven days, but don't think of it as a chore. Make an effort for other people now and they will make an even bigger effort for you later on.

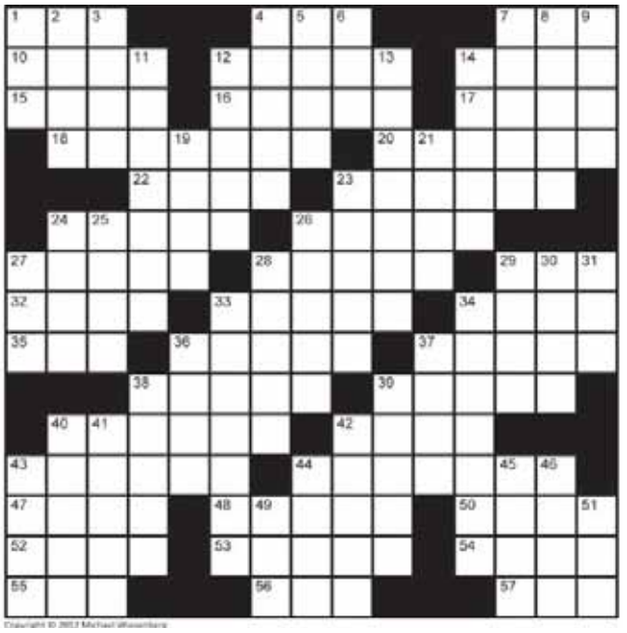
♒ Aquarius
Jan. 21 - Feb. 19
You are both hard-working and socially responsible and that's a combination that is hard to beat. It's also a combination that will get you noticed over the next few days, and maybe promoted. You deserve it.

♓ Pisces
Feb. 20 - March 20
If you find it hard to adopt a positive attitude towards negative people today then maybe you should remove yourself from their presence for a while. If they think they might lose you their attitude will change.

SALLY BROMPTON

Crossword: Some of This and Some of That

BY MICHAEL WIESENBERG



Across
1. PC maker
4. Attractive leg, slangily
7. Mu ___ pork: Chinese dish
10. Alone, as at a dance
12. Blocks for young builders
14. Ark units
15. Kitty's contented croon
16. Some Yukon natives
17. Longings
18. Symbol of regal power
20. National Park north of Banff National Park
22. "... golden days of ___": past time
23. Automatons
24. " ___ bleu!": mild French oath
26. Montréal singer-poet Leonard most known for "Suzanne"
27. Louisianian, a word that's from "Acadian"
28. ___ Mrs. Smith: 2005 Angelina Jolie, Brad Pitt film (2 wds.)
29. "I can't ___ thing with my hair!" (2 wds.)
32. Take ___: sleep briefly (2 wds.)
33. Years and years
34. Corn holders
35. Tyrannosaurus ___
36. Caramel-topped desserts
37. Seeps
38. BC-born pop singer Michael
39. Common trashcan site
40. Calgary team
42. Group of three
43. The longest river in BC, it has its mouth at Vancouver
44. Knight suits
47. Fail at poker
48. Quintessential Canadian cap
50. Some TVs
52. "Beware the ___ of March": Julius Caesar
53. As stubborn as ___ (2 wds.)
54. Censor's target
55. Craggy hilltop
56. Earnings
57. Tissue box word

Down
1. AOL or MSN
2. A/C capacity measures
3. Antony who eulogized Caesar
4. Mystery or romance
5. Chills and fever fit
6. Me: Fr.
7. Cleaned out, as a chimney
8. Sharpens, as a knife
9. Soviet Union
11. CFL championship game (2 wds.)
12. Gasoline unit
13. NL capital (2 wds.)
14. Victoria-born writer Ian of "Four Strong Winds"
19. Censor's target
21. Laid up
23. Brownish horses
24. Of sound mind
25. "Cleans like a white tornado" product
26. Witch
27. Windsor, Ontario product
28. Banquets
29. Catch 40 winks
30. Heed
31. Donkey
33. 20-Across's province
34. Palette contents
36. Be extremely furious
37. Dish with some of this and some of that
38. Bottoms
39. Fighting force: Fr.
40. The Lord of the Rings
41. CD beam
42. "Yours ___": letter closing
43. Dart here and there
44. Shade of blue
45. Canadian force
46. David's biblical predecessor
49. Ref
51. Pig pen

Friday's Crossword

What's online

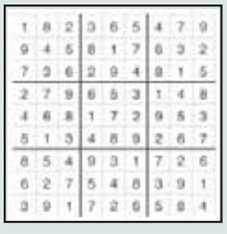
See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

			7			4		
8	3						5	
		2			1		3	
	1	9	6	5			7	
5								4
	7			1	2	5	9	
	4		9			8		
	6						2	9
		3			8			

Friday's Sudoku



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